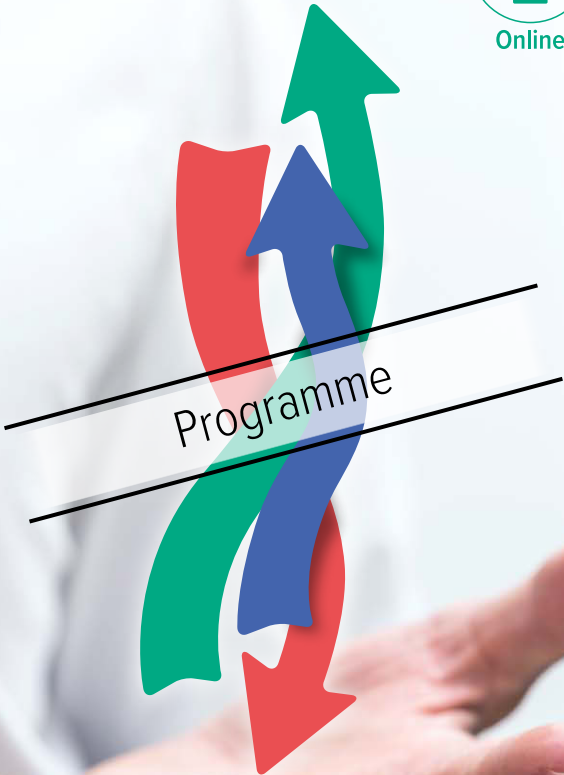


# 4<sup>th</sup> International Lymphoedema Symposium

Multidisciplinary Management of  
Lymphoedema and Lipoedema



Online



17th July 2021

# General information

<b>Scientific lead</b>	Dr. Kristiana Gordon MBBS, FRCP, MD(Res), CLT Associate Professor and Consultant in Dermatology and Lymphovascular Medicine St George's Hospital London, England
<b>Organiser / Conference office</b>	Julius Zorn GmbH Juzo Academy Sonja Eham Juliusplatz 1 86551 Aichach, Germany juzo.com Phone +49 (0)8251 901 406 E-Mail dace.zanker@juzo.de
<b>Congress language</b>	English
<b>Livestream</b>	17th July 2021 9.00 am to 5.25 pm GMT+1
<b>Media library</b>	The media library will be available for 2 weeks from release date, which is going to be a couple of days after the Symposium.
<b>Registration</b>	Online: <a href="https://juzo.com/international-lymphoedema-symposium-2021">juzo.com/international-lymphoedema-symposium-2021</a>  You will receive all organisational information with your registration confirmation
<b>Registration fee</b>	Free of charge
<b>Certification</b>	applied for

# 4<sup>th</sup> International Lymphoedema Symposium

## Learning outcomes and objectives:

Our aim is to build bridges on several different levels: between scientific evidence and experience, between health care providers from different disciplines and between people from different countries.

The lectures will have the most up to date information available and the attendees will see, hear and learn about diagnosis and professional lymphoedema treatment, hints and tips.

The attendees will gain practical skills that they can put into action the next clinic day by seeing, hearing and doing.

In the breaks there are practical demonstrations that they can watch – giving further skills and knowledge in a more informal setting.

By listening to and engaging with the views of our fellow professionals, we will be able to understand one another better, work together more harmoniously and offer our patients better care.

## Target audience:

- Lymphoedema physicians
- Physicians with an interest in lymphoedema treatment
- Physicians in disciplines that overlap with lymphoedema
- Lymphoedema therapists and lymphoedema clinical nurses specialists
- Medical retail, healthcare professional and assistants
- Any other professional with an interest in lymphoedema

# Multidisciplinary Management of Lymphoedema and Lipoedema

Dear Colleague,

The impact of the coronavirus pandemic on our professional, social and private lives is omnipresent. It does not shy away from in-service training courses either, which is why our Lymphoedema Symposium, planned for May 2020, needed to be postponed to 2021. We at first decided to postpone the date and now we have agreed to hold this Symposium as an online event.

We have planned an interdisciplinary and interprofessional knowledge exchange on lymphological issues for you. As part of our Symposium we will focus on causes of primary and secondary lymphoedema. We will cover the topics of diagnostic and imaging as well as optimal therapy and management of lymphoedema. In the course of the event best practice and cases will be discussed.

As part of the online-symposium, each participant can follow the lectures, ask questions online and also have the opportunity to re-watch the lectures in the media library after the event has taken place.

You can expect top-class speakers and practical demonstrations with a focus on medicine, therapy and ideal treatments. There will also be plenty of time for individual questions.

Let us use this platform to openly exchange ideas and update standards.

Sincerely yours,

Dr. Kristiana Gordon  
Scientific Lead

# Programme

- 9.00 am Welcome and introduction of topics  
*Dr. Kristiana Gordon, MBBS, FRCP, MD(Res), CLT, London, England*
- 9.15 am **I. Causes and Complications**  
Genetics of Primary Lymphoedema  
*Prof. Pia Ostergaard, London, England*
- 9.45 am Causes of Secondary Lymphoedema –  
Diagnostics, Therapy and Comorbidities  
*Dr. med. Anett Reißhauer, Berlin, Germany*
- 10.15 am Wounds and Oedema in Context  
*Robert J. Damstra, MD, PHD, Drachten, the Netherlands*
- 10.40 am Differential diagnosis in the management of Cellulitis in  
Lymphoedema  
*Rebecca Elwell, MSc, Stoke-on-Trent, England*
- 10:50 Uhr Break,  
Practical demonstration
- 11.30 am **II. Management of Oedema**  
Near Infrared Fluorescence Lymphatic Imaging, the  
Interest in Diagnosis of Primary and Secondary  
Lymphoedema  
*Jean Paul Belgrado, MHSc, PhD, Brussels, Belgium*
- 11.55 am Intranodal MRL Imaging  
*Dr. Lakshmi Arumugam Ratnam, London, England*
- 12.20 pm Ultrasound Diagnostic of the Lymphatic System  
*Stefan Meng, MD, Vienna, Austria*
- 12.45 pm Break,  
Practical demonstration
- 1.45 pm Microsurgical Therapy of Lymphoedema  
*Chieh-Han John Tzou, Assoc.-Prof., MD, PhD, Vienna, Austria*
- 2.20 pm Obesity-related Lymphoedema  
*Dr. med. Tobias Bertsch, Hinterzarten, Germany*

- 2.45 pm Lipoedema – The Patient Focus  
*Denise Hardy, RGN, BSc, Cumbria, England*
- 3.10 pm Break,  
Practical demonstration
- 3.35 pm The Importance of Bandaging,  
Developments and New Devices  
*Justine C. Whitaker, MSc, RN, Lancashire, England*
- 4.00 pm Self Management for Compression Therapy  
*Dr. Giovanni Mosti, Lucca, Italy*
- 4.25 pm Best Practice and Self Management  
*Prof. Christine Moffatt, CBE, Nottingham, England*  
*Dr. Melanie Thomas, MBE, DProf, FCSP, Neath, Wales*
- 5.00 pm An Inside Look of the Treatment Philosophy of St. Georges  
*Dr. Kristiana Gordon, MBBS, FRCP, MD(Res), CLT, London, England*
- 5.25 pm Conclusion and closing words  
*Dr. Kristiana Gordon, MBBS, FRCP, MD(Res), CLT, London, England*

Please do not make any video recording and / or take photographs.

#### **Privacy statement**

I am aware that I can cancel or revoke my consent for Juzo to store my data and process it further at any time and without stating my reasons, doing so by post (Julius Zorn GmbH, Juliusplatz 1, D-86551 Aichach), e-mail (dace.zanker@juzo.de) or telephone (+49 (0)8251 901 406). You can find more information about data protection and your rights on the home page at: [juzo.com/en/privacy-and-data-protection](https://www.juzo.com/en/privacy-and-data-protection).

# Speakers

Jean Paul  
Belgrado, MHSc,  
PhD

Coordinator, Scientific Advisor, Physical Treatment,  
Research and Development  
Lymphology Clinic of Brussels  
Brussels, Belgium

Dr. med.  
Tobias Bertsch

Senior Physician  
Földiklinik GmbH & Co. KG  
Hinterzarten, Germany

Robert J. Damstra,  
MD, PhD

Dermatologist  
Nij Smellinghe Hospital  
Drachten, the Netherlands

Rebecca Elwell,  
MSc

Macmillan Lymphoedema Advanced Nurse  
Practitioner and Team Leader  
Lymphoedema Clinic  
Cancer Centre  
Royal Stoke University Hospital  
University Hospitals of North Midlands NHS Trust  
Stoke-on-Trent, England

Dr. Kristiana Gordon,  
MBBS, FRCP,  
MD(Res), CLT

Associate Professor and Consultant in  
Dermatology and Lymphovascular Medicine  
St George's Hospital  
London, England

Denise Hardy,  
RGN, BSc  
(Hons-Palliative Care)

Lymphoedema Nurse Consultant  
Kendal Lymphology Centre  
Cumbria, England

Stefan Meng, MD

Radiologist  
Radiology, HKH Hospital,  
Center for Anatomy and Cell Biology  
Medical University of Vienna,  
Private Office  
Vienna, Austria

Prof. Christine  
Moffatt, CBE

Professor of International Clinical Nursing  
Nottingham Trent University and  
Nottingham University Hospitals  
Emeritus Professor at the University of Nottingham  
Nottingham, England

- Dr. Giovanni Mosti** Head Angiology Department  
MD Barbantini Clinic  
Lucca, Italy
- Prof. Pia Ostergaard** Professor of Human Genetics & Head of  
Genetics Research Centre  
Molecular and Clinical Sciences Research  
Institute  
St George's University of London  
London, England
- Dr. Lakshmi  
Arumugam Ratnam** Consultant Diagnostic and Interventional  
Radiologist  
St George's University Hospitals NHS Founda-  
tion Trust  
London, England
- Dr. med.  
Anett Reißhauer** Head of Physical Medicine and Rehabilitation  
Division  
Charité-Universitätsmedizin, Berlin  
Berlin, Germany
- Dr. Melanie  
Thomas, MBE,  
DProf, FCSP** National Clinical Lead for Lymphoedema in  
Wales  
Lymphoedema Network Wales  
Cimla Health & Social Care Centre  
Neath, Wales
- Chieh-Han John  
Tzou, Assoc.-Prof.  
MD, PhD** Associate Professor of Plastic, Aesthetic and  
Reconstructive Surgery  
Sigmund Freud University,  
Director of Plastic Reconstructive Surgery Clinic,  
Hospital of Divine Savior  
TZOU MEDICAL. Lymphoedema Center  
Vienna, Austria
- Justine C.  
Whitaker, MSc, RN** Director and Nurse Consultant  
Northern Lymphology Ltd,  
Senior Lecturer  
School of Sport & Health Sciences,  
University of Central Lancashire  
Lancashire, England